

SERVING ASHLAND, RICHLAND & CRAWFORD COUNTIES

# NORTH CENTRAL OHIO EVENTS MAGAZINE

**Featured Event:**

## Lexington Blueberry Festival

August 13th - 17th

**In Every Issue:**

### Events Listings:

Ashland, Richland  
& Crawford Counties

### Annie's Corner:

Inspirational thoughts  
for everyday life

### Our Voice:

For today's  
young people

### Speaking of...

Health & Wellness  
Things we need to know

**FREE**  
**PICK ONE UP!**

AUGUST/SEPTEMBER 2008 • ISSUE 3 VOL. 2





# August 2008

**August 7th - 9th, 2008**

## **4th Annual Lincoln Highway Buy-Way**

400 Mile Long Yard Sale! ATTENTION Churches, Organizations and individuals! America's Fastest Growing Yard Sale! From 350 yard sale events in its first year to over 750 last year in Ohio and Indiana across America's first coast-to-coast paved road!

Plan your event now. There's no cost to you. Simply plan your yard sale on one, two, or all three days. We also encourage food and drink concessions, babysitting and kids activities, car shows and cruise-ins anything to create more attraction to you! The Ohio Lincoln Highway Heritage Corridor (OLHHC) and the Indiana corridor will be promoting this event and the fact that you will be there, so take advantage of this ever-growing 3-day sale! For more information log on to <http://www.historicbyway.com/buyway.html>

**August 8th, 2008**

## **Annual Hospice Golf Benefits - Shelby Country Club**

Exciting prizes for 1st, 2nd & 3rd place teams! Raffle, door and proximity prizes. Poker Run and Hole-in-one opportunities. Don't be left in the rough. For more information call Deb Gerard or Linda Zehner at 419-281-7107

**August 9th, 2008**

## **Project WILD Workshop - Lowe-Volk Park, Crestline**

9 a.m. - 4 p.m. at the Lowe-Volk Park Nature Center, 2401 State Route 598, Crestline • For more information, contact the Crawford Park District office at 418-683-9000 or visit our web site at [www.crawfordparkdistrict.org](http://www.crawfordparkdistrict.org)

# 6TH ANNUAL LEXINGTON BLUEBERRY FESTIVAL

<http://www.lexingtonblueberryfestival.com/>

## ARE YOU READY FOR...

# Blueberry Idol

HOW WELL CAN YOU SING?

**AUGUST 13th-17th**



## Editors Corner

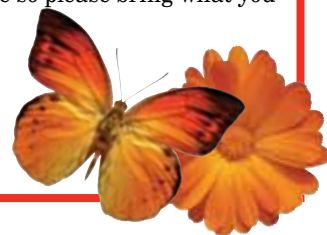
**By Rosanna Ramirez**

Hi everybody! We are getting ready to head into the dog days of summer and the kids will be heading back to school soon. All of the fairs and festivals are gearing up to come at us all at once and I am going to eat all of this fair food. I cannot keep myself from it.

Corn dogs, funnel cakes, elephant ears, waffles, indian bread, sausages and more, oh my! Guess that is why I try to go to as many of the little fairs as I can. I hope to see you out there. If you see me make sure to say hello.

Also, during the Bluegrass Festival in Downtown Mansfield we are doing a toy collection for Toy Time so please bring what you can for the children.

Thank You & God Bless.  
Rosanna - 419-610-8506  
439 Woodland Avenue, Mansfield  
[rosannaj@ncoeventsmagazine.com](mailto:rosannaj@ncoeventsmagazine.com)



**August 10th, 2008**

## **Hummingbirds - Lowe-Volk Park, Crestline**

2 p.m. at Lowe-Volk Park, 2401 SR 598, Crestline • Meet Crawford Park District Naturalist Warren Uxley at the Lowe-Volk Park Nature Center to learn about hummingbirds. The Ruby Throated Hummingbird is the only "Hummer" that nests in Ohio but at least 2 other species are known to stray into the Buckeye state. Learn about the Natural History of the Hummingbirds that have been seen in Ohio. For more information, contact the Crawford Park District office at 418-683-9000 or visit our web site at [www.crawfordparkdistrict.org](http://www.crawfordparkdistrict.org)

**August 13th - 17th, 2008**

## **6th Annual Lexington Blueberry Festival - Lexington**

**Wednesday - Friday 5 p.m. - 11 p.m.**

"BatCopter" Helicopter Rides, Cornhole Tournament Signup, Cornhole Tournament, Soccer Exhibition Games, Car Show, Pony Rides, Golf Ball Drop, Children's Activities, Food Vendors, Showcase of the Bands

**FEATURED EVENT**

**Saturday (16th) 7:30 a.m. - 11 p.m.**

Blueberry Pancake Breakfast, Community Rummage Sales, 5K Run and Walk, Soccer Exhibition Games, "BatCopter" Helicopter Rides, Scottish Highland Games - Competitions, Middle Ages Reenactment, Children's Activities, Food Vendors, "Blueberry" Parade, Skate Park Event, Portraits and Caricatures, Bingo, Salvation Army Tug-of-War, Garden Tractor Pull - Mid Ohio Pullers, Guitar Hero Competition, Music, Blueberry Bake-off, Cornhole Tournament, Golf Ball Drop, Pony Rides, Fireworks • Fireworks @ 10:30 (raindate on Sunday)

**Sunday (17th) 11 a.m. - 7 p.m.**

Scottish Highland Games - Training Lessons - Open to the Public, Children's Rides, Food Vendors, Pony Rides, "BatCopter" Helicopter Rides, Blueberry Idol Contest sponsored by Lexington PTA, Music on the Main Stage, Golf Ball Drop and more.....Fun for the whole family!

To find out the schedule of events log onto <http://www.lexingtonblueberryfestival.com/Schedule.asp>



# Five Ways to Save Money on Your Dental Care

By: Craig C. Callen, D.D.S.

In these troubling economic times people often have to decide between putting gas in their car or spending their money on healthcare. There are a number of things you can do to protect you and your family's dental health while also saving some money. Dentistry has long been at the forefront in prevention in the health fields. For years we have taught patients how to prevent tooth decay and gum disease rather than waiting for a problem to develop. That brings me to my first and most important tool, you have to save money on your dental health:



Craig C. Callen, D.D.S.

**1.) Proper Home Care-** Spending a few minutes every day brushing and flossing your teeth is one of the keys to dental health. The use of an electric toothbrush and an ADA approved fluoride toothpaste to protect your teeth will make your homecare even more effective.

**2.) Regular Visits to Your Dentist-** Cutting back on teeth cleaning visits is the absolute worst thing you can do when money is tight. Why? There are several reasons. First, professional cleanings with fluoride treatments will prevent tooth decay and gum disease from ever taking hold. Second, if you do have a problem the earlier it is detected the easier it is to treat, thus costing less.

**3.) Diet-** Here is a great way to save money and protect your teeth. Quit drinking so much pop. Many of the drinks are high in sugar and acids which can be devastating to the teeth. We are seeing an epidemic of tooth decay and lost teeth due to excessive pop drinking. Even some of the so called sports drinks are high in sugar.

**4.) Sealants-** For your kids it is much cheaper to place a nice tooth colored protective coating on the biting surface of the tooth than to pay for a filling later.

**5.) Don't Delay Treatment-** Remember the old TV commercials that said, "Pay me now, or pay me later." Nowhere else is this more true than in dental care. Instead of having the small filling you need placed, you delay. Now the little cavity grows into an abscessed tooth. So instead of a small filling now you need a root canal and a crown at about 10 times the cost of the small filling. Believe me, it NEVER gets better on it's own, it just gets worse. Delay can mean disaster for your dental health and your pocketbook.

Using these 5 simple steps you can maintain your dental health while saving money to keep that gas tank full!



**August 14th – 16th, 2008**

**2008 Bratwurst Festival – Bucyrus**

Noon until 11 p.m. – The Bratwurst Festival is an annual 3 day event which helps different local organizations, school groups, and the community raise money for their respective groups while having a bit of fun in the process. There are all kinds of activities to keep all entertained. There are Parades, Live Entertainment, Contests, Auctions and Food.

Arts & Crafts Show • Queens Contest • Junior Princess Contest • Daily Parades • Eating contests • Children's Contest • Games • Live Entertainment • Amusements & Midway • For more information go online to <http://www.Bratfest.org>

**Friday, Aug 15, 2008**

**Farmers Market - Carrousel District**

Farmers Market will take place on Fridays from 11:30 AM - 5:30 PM during the summer months from June thru October, on 4th Street in front of the Carrousel. The Carrousel District Friday Farmers' Market gives growers and producers of agricultural commodities alternative marketing opportunities and promotes the sale of locally grown product. For more information please contact Annamarie at 419-522-3529

**August 15th, 2008**

**Ghost Hunt – Ohio State Reformatory, Mansfield**

100 Reformatory Road, Mansfield, Ohio 44905-1208. For more info call 419-522-2644 or online at <http://www.mrps.org>

**August 16th, 2008**

**STAR PARTY NIGHTS (Weather Permitting) – Malabar Farm**

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**BLUEGRASS AT ITS BEST!**

**Sept. 6th, 2008  
2 to 9 p.m.**

## **FEATURING:**

- **ANDY HAMILTON & EAST KY. GRASS**
- **7 ROADS TO NOWHERE**
- **COPUS HILL**

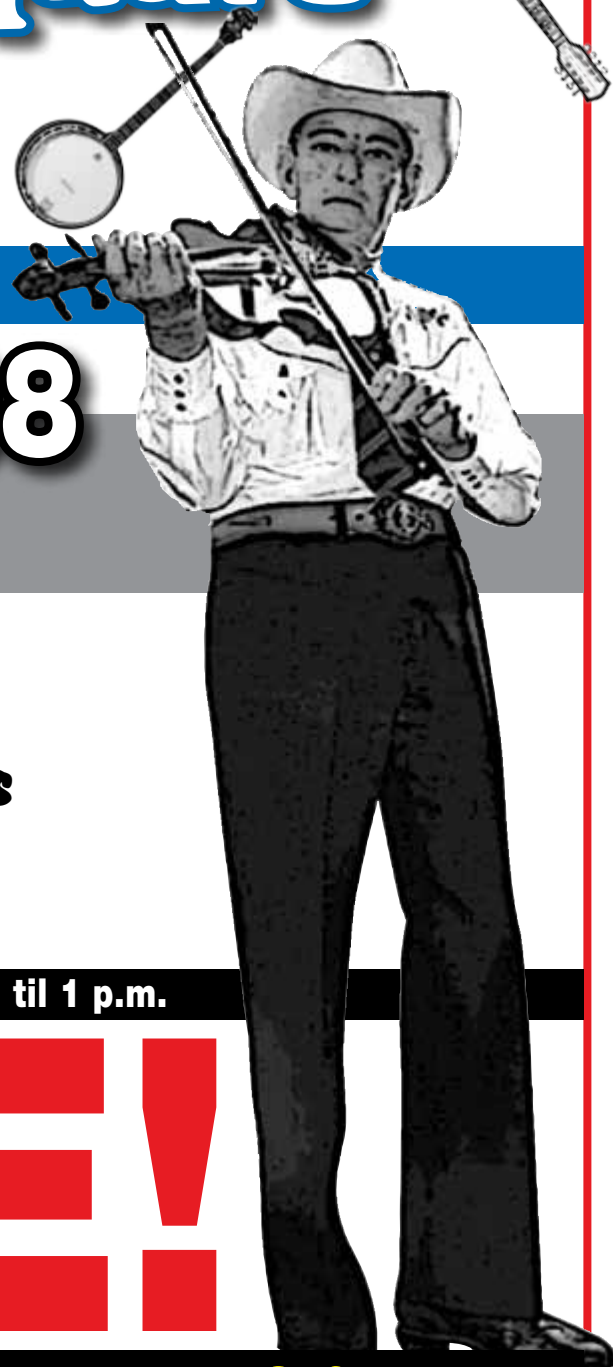
Jack Hanna's Animals will be there from 12 Noon til 1 p.m.

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**SHOWTIME • SAT. SEPTEMBER 6th, 2008 • 2 to 9 p.m.**





# Take a Stand Against Crime!

## Join a Neighborhood Watch By Shari Ranger

Neighborhood Watch Groups are concerned people who want the community to be safe and healthy for themselves, their families and where they work.

Any resident can be involved – young or old, single or married, renter or homeowner, busy people or people who stay home.

Each Neighborhood Watch is different but they all have the same goal: a safe place to live and work. Law Enforcement Officers, city/county officials & agencies, and local businesses may be invited to give information on the development of issues and projects to improve our community. Most meetings take only an hour once a month and are informal.

Members meet other people in your neighborhood; are educated how to make yourself, your home & neighborhood more secure; learn how our law enforcement officers do their job; and how to make their job more effective. We are literally their eyes and ears when they can't be everywhere at the same time. You also learn what kind of activities are suspicious and should be reported

Anyone can report activities or people who appear suspicious but often they won't call the police for fear of retribution by the criminals. As a neighborhood watch member, your name and address is never released to dispatch, over the police radio, or to the officer responding to the call. You are only identified by your member number.

How do you get involved? Call Mansfield Police Department 419/522-1234 and ask how to contact the Neighborhood Watch in your area. If there isn't an active group where you live; then you can contact Sgt. Robertson for information on how to get your neighbors together to start your own.



planned at Malabar Farm State Park, The Astronomy for Youth Club, in conjunction with Malabar Farm, will be conducting monthly Star Parties on the third Saturday of each month beginning March 15th through November 15th, for those interested in astronomy. IN CASE OF BAD WEATHER WILL BE RE-SCHEDULED FOR THE FOURTH (4TH) SATURDAY. This is just one of the many activities Malabar Farm offers throughout the year.

The star party is designed for anyone especially kids interested in star and planet observations. Several members of the Astronomy For Youth, Inc., will provide telescopes and information for sky viewing. However, you may bring your own equipment and star guides if you wish. The group will meet at Malabar Farm's Day Use Horsemen's Area parking lot, located off Bromfield Road at Malabar Farm State Park. The programs will run from dusk until 11:00 p.m., weather permitting.

For more information about this program, contact Robert Payne at 740-398-0170 or Curtis Goff at 419-774-1250 or visit their website at [www.atronomyforyouth.org](http://www.atronomyforyouth.org). For more information about this and other events, contact the Malabar Farm State Park Office at 4050 Bromfield Road, Lucas, OH 44843-9745, or call 419-892-2784. Be sure to visit our web page at [www.malabarfarm.org](http://www.malabarfarm.org)

### August 22nd, 2008

#### Moth Madness Friday – Lowe-Volk Park, Crestline

8 p.m. at the Lowe-Volk Park Nature Center, 2401 State Route 598, Crestline. • The Crawford Park District welcomes lepidopterist, John Peacock, for a program on our underappreciated nocturnal moths. John is a retired entomologist for the US Forest Service. There are hundreds of species of moths, many more than butterflies! Moths play key roles in our environment, just ask those hungry bats! The program will begin in the Nature Center and move to the field. Lights and other attractants will be used. Won't it be fun to see what moths "come to the light"? For more information, contact the Crawford Park District office at 418-683-9000 or visit our web site at [www.crawfordparkdistrict.org](http://www.crawfordparkdistrict.org)

### August 23rd, 2008

#### Hide and Seek: The Game of Life - Lowe-Volk Park, Crestline.

1 p.m. at Lowe-Volk Park, 2401 State Route 598, Crestline • Crawford Park District Naturalist Josh Dyer is again offering a program originally scheduled from our spring quarter. Hide and Seek is a very popular game, both for us and for wildlife. The animals have to play it every day just to see the next. Join Josh to find out what it takes for wildlife to conceal themselves, to adapt or perish. Camouflage helps wildlife hide, so wear yours to see if you will be the ultimate survivor in our own game of Hide and Seek! All ages welcome. For more information, contact the Crawford Park District office at 418-683-9000 or visit our web site at [www.crawfordparkdistrict.org](http://www.crawfordparkdistrict.org)



**The Bicentennial Envelope is still available for sale for a limited time for the cancellation stamp that the Post Office has offered for collectors. For more info call Rosanna at 419-610-8506. Limited quantity available.**

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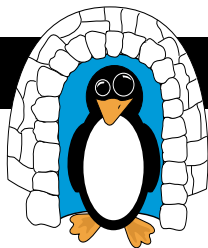
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# The Penguins Cave

BY CYBER LOBO  
**GPHONE?**



*Hi My Dear Readers!*

Welcome again to the penguins cave:  
Google is getting really very serious about open source software, first of all was *igosí*, a Linux base operating system for PC's, and now they are announcing Android, a Linux base software for mobile phones.



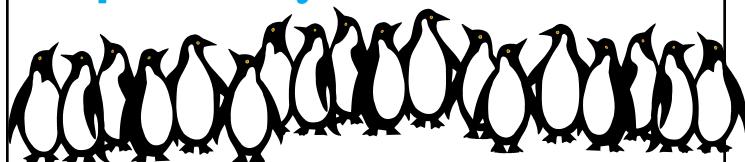
Android is a software platform and operating system for mobile devices based on the Linux operating system which was developed by Google and the Open Handset Alliance (34 partners including T-Mobile, Sprint Nextel, NTT Docomo, China Mobile, Telefonica, Telecom Italia, Motorola, Samsung, HTC, Qualcomm, Intel, Verizon, AT&T, Vodafone, and NVIDIA).

Android SDK provides the tools and APIs necessary to begin developing applications on the Android platform using the Java programming language.

## Features

- An application framework that enables reuse and replacement of components
- Dalvik virtual machine optimized for mobile devices
- An integrated browser based on the open source WebKit engine
- Optimized graphics powered by a custom 2D graphics library; 3D graphics based on the OpenGL ES 1.0 specification (hardware acceleration optional)
- SQLite for structured data storage
- Media support for common audio, video and still image formats
- GSM Telephony (hardware dependent)
- Bluetooth, EDGE, 3G, and WiFi
- Camera, GPS, compass, and accelerometer (which is hardware dependent)
- A rich development environment including a device emulator, tools for debugging, memory and performance profiling

**SSSooo! You decide Blackberry, iPhone, or Gphone.....Bye.**



## Local Linux Users Group

NCOLUG (North Central Ohio Linux Users Group) meets to discuss our common interests: Meetings are the 1st Thursday of the month at 6:30 p.m. at MT Business Technologies in Mansfield.



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## Annie's Corner -

### Inspirational Thoughts for Everyday

By Ann Bowling

He will cover you with his feathers, and under his wings you can hide. - Psalms 91:4

Be careful what you think, because your thoughts run your life. - Proverbs 4:23

Though the Lord is Supreme, he takes care of those who are humble. - Psalms 138:6

Humility goes before honor. - Proverbs 15:33

With the humble is wisdom. - Proverbs 11:2

He teaches the humble his way. - Psalms 25:9

To this man will I look, even to him that is poor and of a contrite spirit, and trembleth at my word. - Isaiah 66:2

And most significantly, he gives grace ...

God gives grace to the humble. - 1 Peter 5:5



**August 23rd, 2008**

#### Night Haunt III - Malabar Farm State Park

Experience an evening from the normal to the paranormal when they attend one of Malabar's Night Haunt programs. Program begins at 8 p.m. until 12 midnight.

The evening will start with a program on the Ohio's only flying mammal, the bat. The group will then walk to the famous Ceely Rose house where Ceely murdered her entire family back in 1896. Guests will hear the grizzly true story on the front porch of the original Rose home. A blazing campfire in front of Louis Bromfield's Big House will be the next stop where you can roast a hot dog and make S'mores, while hearing stories of haunted experiences given first hand by staff members of Malabar Farm. The night concludes with a rare candlelight tour of the Bromfield Mansion. The fee for this chilling experience is \$30.00 per participant. This program is not recommended for children 16 years of age. Dress for weather conditions. Call 419-892-2784 to pre-register. For more info about this and other special events offered year-round, contact the Malabar Farm State Park Office at 419-892-2784 or online at <http://www.malabarfarm.org/>

**August 27th, 2008**

#### Monarch Tagging at Unger Park - Unger Park, Bucyrus

1 p.m. at Unger Park, 1303 Nevada Road, Bucyrus • Join Crawford Park District Naturalist Cindy Eusey at Unger Park for a Monarch butterfly tagging program. Learn about the life cycle of the Monarch butterfly, its need for milkweed plants and their amazing migration to Mexico. You will have an opportunity to help Kansas University with Monarch migration and population research by attempting to capture, tag and release a Monarch butterfly. Nets will be provided. Meet at the Unger Park parking lot on Nevada Road just West of Aumiller Drive. For more info contact the Crawford Park District office at 418-683-9000 or visit our web site at [www.crawfordparkdistrict.org](http://www.crawfordparkdistrict.org)

**August 30th, 2008**

#### Ghost Hunt - Ohio State Reformatory, Mansfield

100 Reformatory Road, Mansfield, Ohio 44905-1208. For more info call 419-522-2644 or online at <http://www.mrps.org>

**August 30th, 2008**

#### Hunting Lottery - Lowe-Volk Park Nature Center, Crestline

10 a.m. at the Lowe-Volk Park Nature Center, 2401 State Route 598, Crestline. • The Crawford Park District will be holding the annual hunting lottery for the Sandusky Wildlife Area on Saturday, August 30, at 10:00am. The Sandusky Wildlife Area is a park set aside specifically for the purpose of hunting and trapping. SWA is located at 2035 River Road, west of Bucyrus. The lottery drawing along with a mandatory orientation session will be held at the Lowe-Volk Park Nature Center. Permits will be given out for various hunting seasons as well as permits to trap along the Sandusky River in the Wildlife Area and at the Unger Park Pond. For more information, contact the Crawford Park District office at 418-683-9000 or visit our web site at [www.crawfordparkdistrict.org](http://www.crawfordparkdistrict.org)

Check out the website located at  
[www.ncoeventsmagazine.com](http://www.ncoeventsmagazine.com)  
for recently added event listings!

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**August 30th - 31st, 2008**

**Flea Market & Antique Show - Richland Fairgrounds**

9 a.m. to 4 p.m. - Admission \$1.00 per person, kids 11 & under FREE. For more information contact: Kevin Spore @ 419-756-3904 or Tim Babcock @ 419-884-3253

## September 2008

**September 6th, 2008**

**Mansfield's First Annual Bluegrass Festival On The Square**

2 to 9 p.m. - Come & enjoy a great time the old-fashioned way! Door prizes, 50/50, Toy Time Collection, games, food, raffles and more!

### FEATURING:

- Andy Hamilton & East KY. Grass
- 7 Roads to Nowhere
- Copus Hill

Jack Hanna's Animals will be there from 12 Noon til 1 p.m. Bluegrass At Its Best! great Family Event! Food, Drinks & Fun! For More Information Call 419-610-8506

**September 5th - 6th, 2008**

**Proof - The Mansfield Playhouse**

Proof is the story of Catherine, a troubled young woman, who has spent years caring for her brilliant but unstable father, a famous mathematician. Now, following his death, she must deal with her own volatile emotions; the arrival of her estranged sister, Claire; and the attentions of Hal, a former student of her father's. Over a long weekend a burgeoning romance and the discovery of a mysterious notebook draw Catherine into the most difficult problem of all: How much of her father's madness - or genius - will she inherit? Directed by Murray Hudson. For more info please call 419-522-8140

**September 12th & 13th, 2008**

**Live Bluegrass Music - Lincoln Way Recreation Center**

2 Day Festival \* Featuring: Andy Hamilton and East Kentucky Grass with special guests: Total of 5 Bands - To Be Announced - Enjoy great Bluegrass Music \* \$8 per person, 12 and under FREE! Doors open at 6 p.m. \* Handicap Accessible, Smoke Free and Family Friendly Facility For more information call 419-562-4363 2817 State Route 602 - North Robinson, OH or go online at [www.lincolnwayauction.com](http://www.lincolnwayauction.com)



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# Can You Remember? 1808, 1858, 1908, 1958, 2008

By: Scott Schaut/Director Mansfield Memorial Museum • Copyright 2008 All Rights Reserved

## Who was Martha Mansfield?

Martha Mansfield was Born July 14, 1899, in Manhattan New York. At a young age, probably at about 6 or 7 years old, Martha, her mother and sister moved to Mansfield, OH. Martha's real name was Martha Ehrlich. She had also used the name Martha Early. During this time in our history, German names were not very popular, so she decided to take her stage name from her new hometown, becoming Martha Mansfield. In 1912, she was working on Broadway for producer William Brady and while also working as an artist's and photographer's model.



When an actress friend of hers was unable to take a part in Max Linder's upcoming films, she recommended Martha who signed on in 1917 with Essanay for three films with the comedian.

Martha did not give up her stage work, though, and in 1918 and 1919 joined the Ziegfeld Follies as one of the chorus girls. There was one photographer named Alfred Cheney Johnson that took pictures of all of the Ziegfeld girls and took as many as 600 Ziegfeld photos. Many of these were of Martha.

Of the 28 films that she did only four of them have survived. She also made films whenever possible and was appearing on stage in "Midnight Frolic" when she was cast to co-star with John Barrymore in "Dr. Jekyll

and Mr. Hyde" (1920). Martha was also a poster girl for the Red Cross during WWI in either 1917 or 1918.

On November 30, 1923, while working on the film The Warrens of Virginia. Mansfield was playing the role of Agatha Warren, and had just finished her scenes and retired to a car. An errant match caused her clothing (Civil War costume of hoopskirts and flimsy ruffles) to burst into flames. The leading man, Wilfred Lytell, threw his heavy overcoat over her trying to douse the flames. The chauffeur of Mansfield's car was burned badly on his hands while trying to remove the burning clothing from the actress. The fire was put out but she sustained heavy burns to her body.



She was rushed to a hospital where she died in less than twenty-four hours. Mansfield was 24 years old. Her estate included a platinum solitaire ring, cash, and \$600 due from the Fox Film Company on her contract.

### Museum Website: [mansfieldmuseum.org](http://mansfieldmuseum.org)

*Contents of this article is the sole property of the Mansfield Memorial Museum and may not be reproduced in whole or part. Visit the lost and forgotten treasures of Mansfield see the Mansfield Memorial Museum in the Mansfield Soldiers and Sailors Memorial Building at 34 PAW, Mansfield Ohio, 44902. Open Wednesday through Sunday 10 a.m. - 4 p.m., 419-525-2491. Mansfield Nightlife and Entertainment will be on display for the entire year starting in February 2008.*

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### Barnes & Noble

Lex-Springmill Rd – Ontario  
5 providers – 802.11b Wi-Fi

### The UPS Store #5021

2152 Walker Lake Rd – Ontario  
3 providers – 802.11b Wi-Fi

### Starbucks

2172 Walker Lake Rd – Ontario  
T-Mobile HotSpot (US) and 2 more – 802.11b

### Holiday Inn Hotel & Suites

116 Park Ave West – Mansfield – FREE Wi-Fi

### Country Inn and Suites

2069 Walker Lake Rd. – Ontario  
FREE – 802.11b Wi-Fi

### The Bookery– Ontario

Stumbo Road & West 4th Street  
FREE – 802.11b Wi-Fi

### Goasis – Ashland

715 US 250  
FREE – 802.11b Wi-Fi

### The UPS Store

1130 E Main St – Ashland  
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### Ramada Limited Ltd

1000 Comfort Plaza – Bellville  
2 providers – 802.11b Wi-Fi

### Denny's

720 N Lex-Springmill Rd – Ontario  
419-529-6467 – FREE - Wi-Fi

### Denny's

738 US Highway 250 E – Ashland  
419-281-2939 – FREE - Wi-Fi

### Empress Express

Park Avenue West – Mansfield  
419-524-4200 – FREE - Wi-Fi

### MainBranch Library

43 West Third Street – Mansfield  
419-521-3100 – FREE - Wi-Fi

### McDonald's

151 Mansfield Ave – Shelby  
419-347-2004 – FREE - Wi-Fi

### McDonald's

25 W. Hanely Rd. – Mansfield  
419-756-7708 – FREE - Wi-Fi

### McDonald's

850 State Route 97 W – Bellville  
419-886-3505 – FREE - Wi-Fi

### McDonald's

1504 Claremont Ave – Ashland  
802.11b Wi-Fi

### McDonald's

740 U.S. Route 250 East – Ashland  
Wayport – 802.11b Wi-Fi

### McDonald's

220 Portland Way N – Galion  
802.11b Wi-Fi

### Panera Bread

Walker Lake Road – Ontario  
419-774-9700

### 5 (Cinco) de Mayo Mexican Restaraunt

2284 W. 4th Street – Ontario  
419-774-9700

### CiCi's Pizza

2156 Walker Lake Rd – Ontario  
419-747-3433 – FREE - Wi-Fi

### Crossroads Comm. Church

1188 Park Ave W – Mansfield  
419-529-0750 – FREE - Wi-Fi



# Speaking of ... Health & Wellness

## Hand washing is the Simplest, yet most Effective Way to Stop Germs

By Nichelle Shuck, Samaritan Regional Health System Public Relations Intern

This time of year brings about lots of family trips to county fairs, zoos, race ways and community events. Though fun, they are also a hotbed of germs just waiting to spread.

Washing your hands is an important step that many people forget or choose to skip due to lack of convenience. However, washing your hands is one the most important steps in protecting the body from germs.



Hand washing gets rid of many different types of viruses that are harmful to the body. According to the Food and Safety Network Fact sheet, washing your hands can help prevent harmful viruses and bacteria such as Campylobacter, Hepatitis A, Shigella, E-coli, and Salmonella. The important step should never be skipped, especially before and after making foods and after using the restroom.

### A few tips about how to wash your hands are:

1. Wet your hands with warm running water.
2. Add soap, then rub your hands together, making a soapy lather. Do this away from the running water for at least 15 seconds, being careful not to wash the lather away. Wash the front and back of your hands, as well as between your fingers and under your nails.
3. Rinse your hands well under warm running water. Let the water run back into the sink, not down to your elbows.
4. Dry hands thoroughly with a clean towel. Then turn off the water with a clean paper towel and dispose in a proper receptacle.
5. A good rule of thumb, especially for children, is to sing the Alphabet or Happy Birthday tune once through.



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# Our Voice

## Politics: Who Cares?

By Jocelyn Biddle



Our nation has sat on the edge of its seat watching the race of the century unfold before our eyes. Never before has a presidential campaign run so close in our country's history. There have been surprises and twists, ups and downs, leaving many at a loss, not knowing what to expect. Finally the candidates have been narrowed and we are left with two men competing for their place in the White House. Barack Obama and John McCain. One will lead our country. One will take his place in the Oval Office. One will change history. But who?

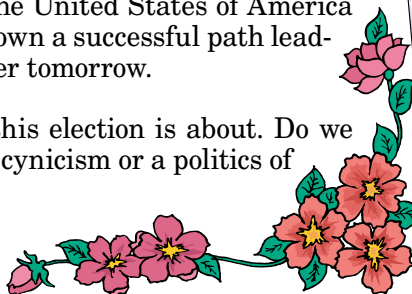
Or rather... who cares? As sad as it may sound, this is the resounding question spreading throughout my generation. Some simply do not know anything about the candidates' issues and feel it hopeless to delve into the politics now. Others just could really care less.

Perhaps it is more important than most realize to care about this particular campaign. With a declining economy and a continuing war at hand, a president's leading is more imperative than ever.

Our two candidates, however, have very different views on what direction to lead our country. "We must win in Iraq. If we withdraw, there will be chaos; there will be genocide; and they will follow us home." McCain preaches this message while Obama repeatedly opposes, "Operations in Iraq and Afghanistan and the war on terrorism have reduced the pace of military transformation and have revealed our lack of preparation for defensive and stability operations. This Administration has overextended our military." This is just one example of the opposing views possessed by these men.

But which one is correct? Would one with military experience be best at leading a nation in war? Or would one identifying with American minorities be better for our diverse country? This is a decision that the citizens of the United States must make. We will all be affected by our next President's leading. Many claim that the votes of my generation will be what determine this election. I'd say that places upon us a pretty big responsibility- not only to go out and vote, but to educate ourselves on which candidate will best represent the United States of America and continue our nation down a successful path leading to a better and brighter tomorrow.

"In the end, that's what this election is about. Do we participate in a politics of cynicism or a politics of hope?" – Barack Obama



**September 12th - 14th, 2008**

**Auto Sport Assoc. Championships – Mid-Ohio, Lexington**

For more info online at <http://www.midohio.com/>

**September 14th - 20th, 2008**

**Ashland County Fair – Ashland**

Main Event: Tracy Lawrence and Emerson Drive

Call 419-281-6831 for more information

Ticket Prices For 2008 Ashland County Fair  
Gate Admission Only: \$4.00 (10 & under Free )

Veterans Day: FREE with ID

Rides Schedule And Handstamp Prices

**Sunday 2 Sessions**

– 11 - 4 & 3 - 10 \$10 Per Session • Sunday All Day \$15

**Monday - Thursday**

– 12 - 5 Kid Rides – 4 - 10 \$10 Per Session

**Friday Youth Day 2 Sessions**

– 10 - 4 & 3 - 10 \$7 Per Session Or \$12 All Day

**Saturday – 2 Sessions**

– 10 - 4 & 3 - 10 • \$10 Per Session Or \$15 All Day

The Ashland County Fair • 2042 Claremont Avenue • Ashland, Ohio 44805 • or online at <http://www.ashlandcountyfair.com/>

**September 19th – 20th, 2008**

**Bugsy Malone – The Mansfield Playhouse**

Bugsy Malone is the stage adaptation of the hit film that starred Jody Foster. A cast of youngsters plays Prohibition-era mobsters in this tongue-in-cheek tribute to the 1920s gangster flick. It seems Fat Sam, who runs one of the most popular speakeasies in town, is in danger of being closed down by his "business rival" Dandy Dan. Enter baby-faced Bugsy Malone, a killer with

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the ladies and a definite asset to Fat Sam. As in the film, the "non-violent" gang war is fought with "splurge guns" instead of bullets. Directed by Dauphne Maloney, musical direction by Brian Nabors. For more info call - 419-522-8140

### September 19th - 21st, 2008

#### AMA Road Race Grand Championships - Mid-Ohio Sports Car Course, Lexington

For more info go online at <http://www.midohio.com/>

### September 19th - 21st, 2008

#### 24th Annual Great Mohican Indian Pow-Wow - Mohican Reservation, Loudonville

Featuring: The Warriors of The Ani Kituwah Dance Group - 1700's Cherokee & Eagle Dancing

- MC - Robert White Eagle • Head drum - Birdtown Crossing
- Flutist of the year - Douglas Blue Feather • World Champion Hoop Dancer - Daniel Tramper • Living Historian and Storyteller - Harold Dellinger • Fire Making by Coyote Dog • North American Iroquois Veterans Association Color Guard • South American Indian Music of the Andes Mountains - by Malkuri

Native American Indian Foods • Over 40 Top Native American Artisans, Craftmen & Traders • Native American Indian Drum & Dance Competitions • Free Parking • No Pets • No Alcohol • Gates open at 10 a.m. • For more information please contact Mohican Reservation, 23270 Wally Road South, Loudonville, OH 44842 • 740-599-6631 or 800-766-2267 or online at [www.mohicanpowwow.com](http://www.mohicanpowwow.com)

### September 20th, 2008

#### 3rd Annual Autism Awareness Walk-a-thon - Mansfield Motorsports Park

10 a.m. to 2 p.m. - Food, Raffles, Entertainments, Speakers, Informational Tables - Come and learn more about Autism and how it affects local families

### September 20th, 2008

#### STAR PARTY NIGHTS (Weather Permitting) - Malabar Farm

View the stars and planets with experts that can give you a hand. Fun for everyone in the family. The star party is designed for anyone especially kids interested in star and planet observations. The programs will run from dusk until 11:00 p.m., weather permitting.

For more information about this program, contact Robert Payne at 740-398-0170 or Curtis Goff at 419-774-1250 or visit their website at [www.atsronomyforyouth.org](http://www.atsronomyforyouth.org).

## September 22nd, 2008 - Family Day

Family Day — A Day to Eat Dinner and watch a movie with your children - it's a national movement that encourages parents to frequently eat dinner with their kids and be involved in their children's lives as simple, effective ways to reduce substance abuse among children and teens. Family Day is celebrated on the fourth Monday in September.

Family Day is not just for families. It is a day for all to celebrate, including businesses, unions, religious organizations and community groups. The symbolic act of regular family time should be promoted and celebrated inside and outside the home throughout the year.

### Other Steps You Can Take to Help Prevent Your Kids From getting into trouble



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# FREE RENTAL

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Regular family dinners aren't the only way to help keep your kids substance free. Here are some other important things you can do:

- \* Set a good example.
- \* Know your child's whereabouts, activities & friends.
- \* Set fair rules and hold your child to them.
- \* Maintain open lines of communication.
- \* Surround your child with positive role models.
- \* Watch a movie together.

**September 27th, 2008**

**Heritage Barn Dance – Malabar Farm State Park, Lucas**

7-10 p.m. Sponsored by Mohican Resort & Conference Center, Perrysville, OH • One of many events at Malabar Farm State Park, where visitors have the chance to kick up their heels in celebration of country life. The Barn Dances will be held on Saturdays at the Main Barn beside the Big House. Beginning and experienced dancers are welcome.

The Backporch Swing Band of Stockport, Ohio featuring Tom McConahay as caller will provide live music and square dance calling. This group has pleased hundreds of dancers at Malabar Farm with their down-home style. Many dances will be taught throughout the evening. Additionally, the Loudonville FFA Alumni Association will offer refreshments for sale. For more information contact the Malabar Farm State Park Office at 419-892-2784 or online for more info at <http://www.malabar-farm.org/>

**September 27th-28th, 2008**

**Prairie Peddler Festival–Butler, Ohio**

Saturdays 10 a.m.-5 p.m. • Sundays 10 a.m.-5 p.m. • Adults-\$6.00 • Children (6-12)-\$3.00 and Under 6 Free  
Step back in time and experience the simpler life of a bygone era. Located in Ohio on beautiful scenic State Route 97, the Prairie Peddler Festival welcomes the whole family for a day full of fun and entertainment. Enjoy the show crafts or make your own handmade crafts. For more info go online to <http://www.prairietown.com/>

**September 27th-28th, 2008**

**Flea Market & Antique Show – Richland Fairgrounds**

9 a.m. to 4 p.m. – Admission \$1.00 per person, kids 11 & under FREE. For more information contact: Kevin Spore @ 419-756-3904 or Tim Babcock @ 419-884-3253

# The Recipe Place

## Chicken Fried Chicken

### INGREDIENTS:

- 1 egg
- 1/4 cup veg. oil
- 30 saltine crackers
- 1 teaspoon seasoned salt
- 2 tablespoons all-purpose flour
- 2 tablespoons dry potato flakes
- 1/2 teaspoon ground black pepper
- 6 skinless, boneless chicken breast halves

### DIRECTIONS

1. Place crackers in a large resealable plastic bag; seal bag and crush crackers until they are coarse crumbs. Add flour, potato flakes, seasoned salt, and pepper to bag and mix well.
2. Beat egg in a shallow dish or bowl; heat oil in a large skillet over medium high heat.
3. One by one, dredge chicken pieces in egg beat, then place in bag with crumb mixture, seal bag and shake to coat.
4. Reduce heat to medium and cook coated chicken in skillet for 15 to 20 minutes, turning frequently, until golden brown and juices run clear.

From [Allrecipes.com](http://Allrecipes.com)



PREP TIME..... 15 Min  
COOK TIME..... 30 Min

**"A fun chicken recipe the kids can help prepare. They love crushing the crackers. It does not matter if the measurements aren't perfect, just wing it!"**

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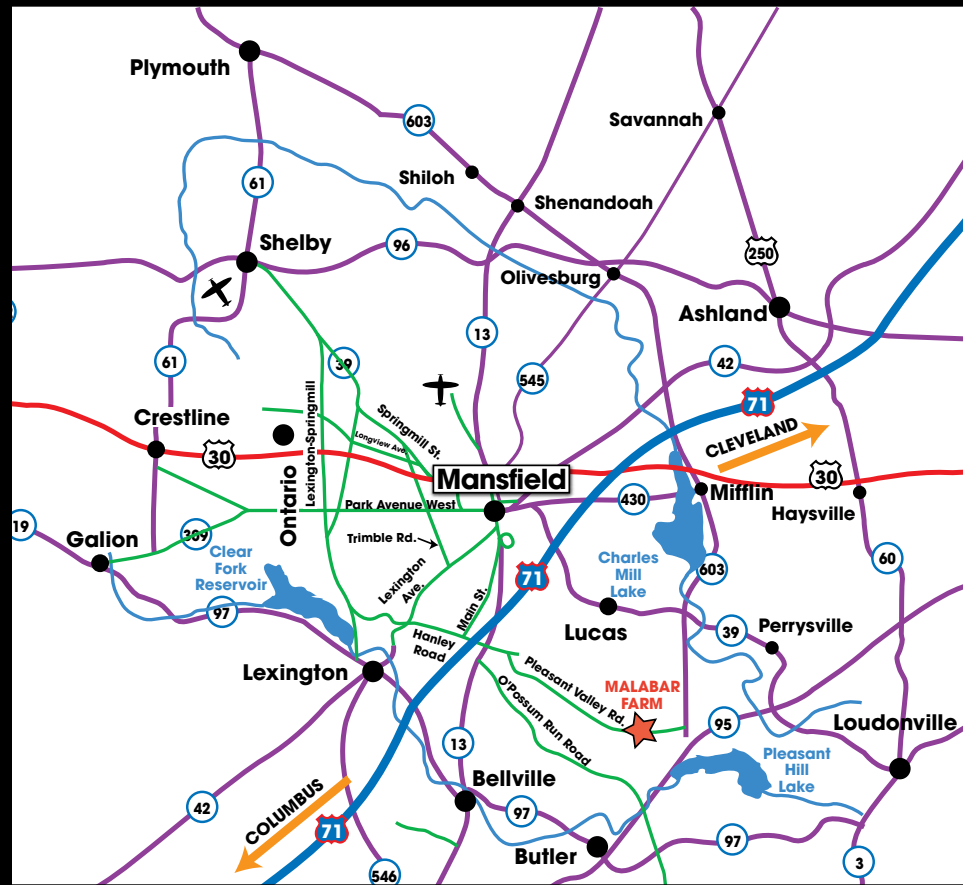
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## NORTH CENTRAL OHIO MAP



For more information, directions or general questions about any of our communities or local attractions please contact:

Mansfield/Richland County Convention & Visitors Bureau at 800-642-8282 or online at [www.mansfieldtourism.com/](http://www.mansfieldtourism.com/)

Ashland Area Convention & Visitors Bureau 419-281-4584 or online at [cvb.ashlandoh.com/](http://cvb.ashlandoh.com/)

Crawford County Galion Chamber of Commerce 419-468-7737 [www.visitcrawford.org/](http://www.visitcrawford.org/)

Bucyrus Visitors' Bureau 866-562-0720 or online at [www.bucyrus.org/](http://www.bucyrus.org/)



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